



Sports and Life Skills

Here to make a difference

**13-19 YEAR OLDS
MULTI-SPORTS SESSIONS**

MONDAYS 6-7:30PM

WEDNESDAYS 6-7PM

FRIDAYS 6-7PM

**SESSIONS WILL BE PHASED BACK IN TO FULL
CAPACITY, WILL BE 24 PARTICIPANTS MAX.**

CONTACT US: 07940359009

INSTAGRAM: SPORTSANDLIFESKILLS

WEBSITE: WWW.SPORTSANDLIFE

