



Sports and Life Skills

Here to make a difference

**13-19 YEAR OLDS
MULTI-SPORTS SESSIONS**

MONDAYS 5.30-7PM

WEDNESDAYS 6-7PM

FRIDAYS 6-7PM

**SESSIONS HAVE A LIMIT OF 24 PARTICIPANTS MAX,
PARTICIPANTS WILL NEED TO BOOK TO ATTEND.**

CONTACT US: 07940359009

INSTAGRAM: SPORTSANDLIFESKILLS

WEBSITE: WWW.SPORTSANDLIFESKILLS.CO.UK

