



# Sports and Life Skills

Here to make a difference

## Sports and Life Skills Community Programme

Offering 14 – 19 Year Olds the opportunity to learn how to coach and gain sports related qualifications from trained professionals.

**FREE**



**LOCATION: MAYVILLE ASTRO TURF, N16 8LP**

**DATES & TIMES: Starting 1st MARCH 2019 6:30 – 8pm FOR 6 WEEKS**

**REQUIREMENTS: A WILLINGNESS TO LEARN AND APPLY EFFORT, PLEASE COME DRESSED APPROPRIATELY I.E. NO STUDS OR MOULDS ALLOWED.**



**LEARN**



**GAIN  
ACCREDITED  
QUALIFICATIONS**



**VOLUNTEER  
/WORK**



**ISLINGTON**

*Cripplegate Foundation Helping since 1500*