



# Sports and Life Skills

Here to make a difference



## WEDNESDAYS

DATES: 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>

**JANUARY 2019**

TIME: 5 – 6.30pm

## FRIDAYS

DATES: 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>

**JANUARY 2019**

TIME: 5 – 6.30 pm

## SATURDAYS

DATES: 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>

**JANUARY 2019**

TIME: 10.30 - 12pm

Age's: 8-13 Years Old Program

24 participants per session maximum due to space

Location: Mayville Red Pitch N16 8LP

Contact : [www.sportsandlifeskills.co.uk](http://www.sportsandlifeskills.co.uk)



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